

# Communities in Action

## LOUISIANA REGION 4: ACADIANA

### WHAT YOU CAN DO IN YOUR COMMUNITY



From tackling chronic diseases to making healthcare more accessible, there are ways to make life healthier for everyone.

Here are Region 4's opportunities for improvement: Parishes that are over the 25th percentile in the Healthy State-identified priority of...

- Smoking
- Hypertension and/or Diabetes
- Food Security
- Cancer Mortality

Feedback from the latest Community Health Needs Assessment showed the following needs:

- Access to Healthcare
- Health Outcomes
- Educating the Next Generation
- Economic Development
- Community Partnerships

### Recommendations

#### 1) Smoking Cessation

- Advocate for smoke-free ordinances and increase access to smoking education, counseling, and medication in St. Landry and Evangeline parishes.

#### 2) Diabetes and Hypertension Management

- Increase access to diabetes and hypertension management & health education and improve provider trust and cultural competency in St. Landry and Evangeline parishes.

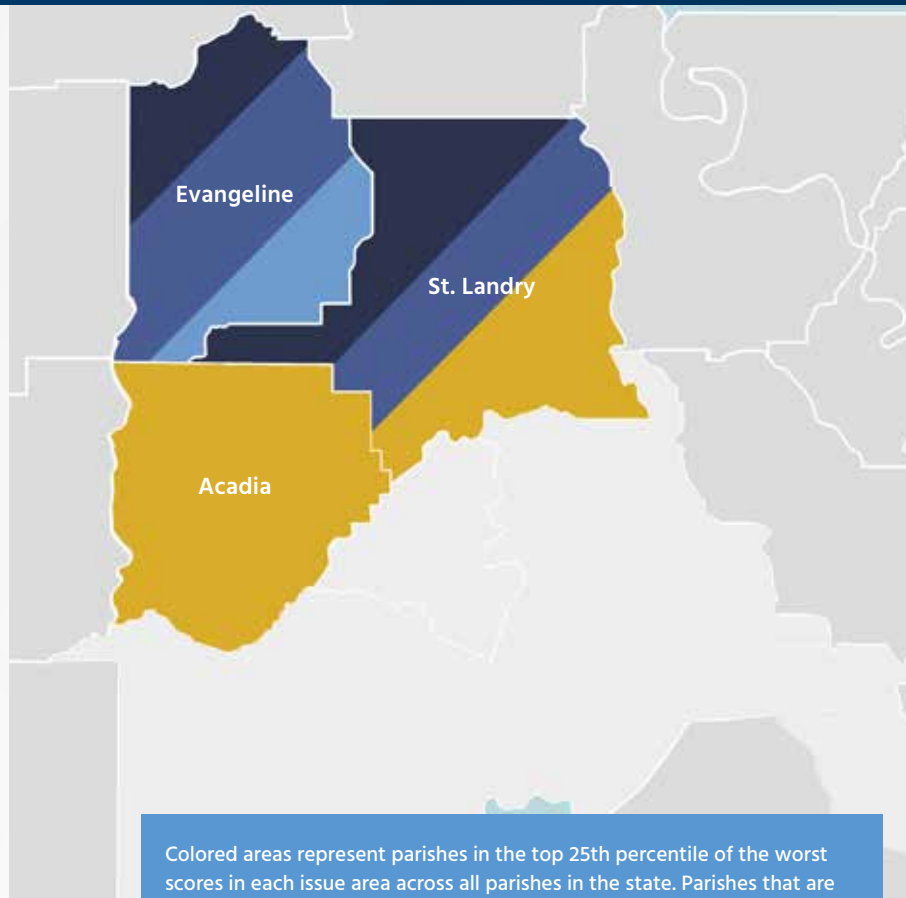
#### 3) Food Security

- Partner with the Louisiana Department of Children and Family Services to promote and increase participation in food-related public benefits such as Supplemental Nutrition Assistance Program (SNAP), Elderly Simplified Application Project for SNAP, Women, Infants and Children program (WIC) in Evangeline Parish.

**Become a Department of Children and Family Services (DCFS) Community Partner** by contacting the community outreach team at the QR code below.



SOURCE: Ochsner Lafayette General 2021 Joint Community Health Needs Assessment and University Hospital and Clinics 2021 Community Health Needs Assessment; MAP: County Health Rankings and Roadmaps; Louisiana Tumor Registry.



Colored areas represent parishes in the top 25th percentile of the worst scores in each issue area across all parishes in the state. Parishes that are in the 25th percentile for multiple issues are designated by corresponding stripes in corresponding colors. Areas that are not shaded may have significant need, but do not reach the 25th percentile.

#### 4) Income and Poverty

- Create career pathways that result in high-wage, high-demand jobs:
  - General and operations managers
  - Registered nurses
  - First line supervisors - construction trade and extraction
  - Computer and information systems managers

Find out more about our work and how you can improve your own health at [LiveHealthyState.org](https://livehealthystate.org).

Scan the QR code below:

