

Communities in Action

LOUISIANA REGION 8: MONROE

WHAT YOU CAN DO IN YOUR COMMUNITY



From tackling chronic diseases to making healthcare more accessible, there are ways to make life healthier for everyone.

Here are Region 8's opportunities for improvement: Region 8 parishes that are over the 25th percentile in the Healthy State-identified priority of...

- **Smoking**
- **Hypertension and/or Diabetes**
- **Food Security**
- **Physical Inactivity and/or Obesity**
- **Cancer**

Feedback from the latest Community Health Needs Assessment showed the following needs:

- **Access to Healthcare:** Transportation, cost of care, availability of appointments, wraparound services, access to primary, maternal and dental care; access for seniors and adults with disabilities
- **Health Outcomes:** Diabetes, hypertension, obesity, cancer, substance abuse, mental health
- **Educating the Next Generation:** Mental and behavioral health training for providers, violence prevention, health literacy
- **Economic Development:** Broadband access, housing, food access
- **Community Partnerships:** Referral networks and community networks of support, community trust

Recommendations

1) Smoking Cessation

- Advocate for smoke-free ordinances and increase access to smoking education, counseling, and medication in all parishes.

2) Cancer Screening and Treatment

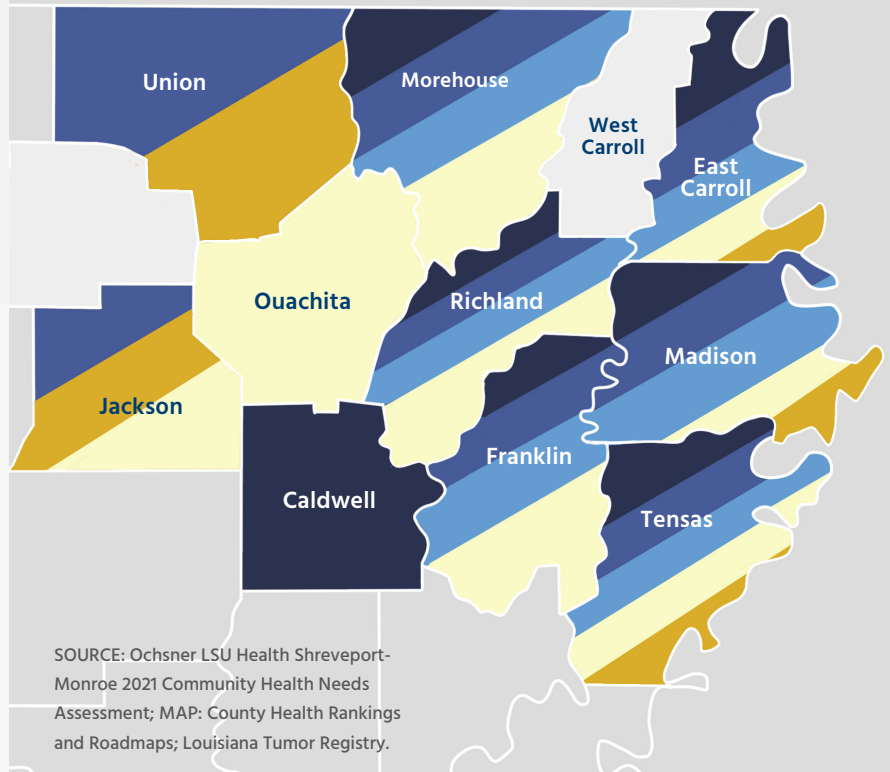
- Increase access to cancer health education, screening and treatment for lung, breast, and colorectal cancer in all parishes.

3) Diabetes and Hypertension Management

- Increase access to diabetes and hypertension management & health education and improve provider trust and cultural competency in all parishes.



LiveHealthyState.org



Colored areas represent parishes in the top 25th percentile of the worst scores in each issue area across all parishes in the state. Parishes that are in the 25th percentile for multiple issues are designated by corresponding stripes in corresponding colors. Areas that are not shaded may have significant need, but do not reach the 25th percentile.

4) Obesity

- Increase access to obesity, physical activity, and nutrition interventions in all parishes.

5) Food Security

- Partner with the Louisiana Department of Children and Family Services to promote and increase participation in food-related public benefits such as Supplemental Nutrition Assistance Program (SNAP), Elderly Simplified Application Project for SNAP, Women, Infants and Children program (WIC) in all parishes.

Become a Department of Children and Family Services (DCFS) Community Partner by contacting the community outreach team at the QR code.



6) Income and Poverty

- Create career pathways that result in high-wage, high-demand jobs:
 - General and operations managers
 - Registered nurses
 - First line supervisors - construction trade and extraction